



# Additional Warm Up or Practice Sessions

Pass Name: .....

PRACTICE		1	2	3	4	5	6
		AB	CD	AB	CD	AB	CD
<b>2</b>	<b>10 sec</b>						
<b>1</b>	<b>80 sec</b>						
<b>3</b>							

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		AB	CD	AB	CD	AB	CD
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		AB	CD	AB	CD	AB	CD
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## Four Sets/Ends of 4 Arrows

### **Description:**

**Recurve/Barebow** - Up to 4 Sets of 4 arrows (2 per archer), shot in 80 seconds. The first Team to 5 set points wins the set

**Ties:** 2 Arrows (1 per archer), shot in 40 seconds. The highest score wins, if this is tied measure the arrow nearest the middle, if this is tied measure the 2<sup>nd</sup> arrow nearest the middle

**Compound** - 4 Ends of 4 arrows (2 per archer), shot in 80 seconds. The highest score wins. 2 faces are used, there should be 2 arrows in each face. If there are more than 2 arrows in a face, then treat as you would Indoor scoring

**Ties:** 2 Arrows (1 per archer), shot in 40 seconds. The highest score wins, if this is tied measure the arrow nearest the middle, if this is tied measure the 2<sup>nd</sup> arrow nearest the middle. 1 face in the middle of the boss

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4 ARROW ENDS		1	2	3	4	TIE
						40 secs
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