

Additional Warm Up or Practice Sessions

Pass Name:

PRACTICE		1	2	3	4	5	6
		AB	CD	AB	CD	AB	CD
2	10 sec						
1	2 min						
3							

Pass Name:

PRACTICE		1	2	3	4	5	6
		AB	CD	AB	CD	AB	CD
2	10 sec						
1	2 min						
3							

Pass Name:

PRACTICE		1	2	3	4	5	6
		AB	CD	AB	CD	AB	CD
2	10 sec						
1	2 min						
3							

Pass Name:

PRACTICE		1	2	3	4	5	6
		AB	CD	AB	CD	AB	CD
2	10 sec						
1	2 min						
3							

Five Sets of 3 Arrows (Recurve and Barebow) or Five Ends of 3 Arrows (Compound)

Description: Up to 5 Sets of 3 arrows, shot in 2 minutes. The first archer to 6 set points wins the set – for Recurves and Barebow

5 End of 3 arrows, shot in 2 minutes. The highest score wins – for Compounds

Ties: One arrow, shot in 40 seconds (20 seconds is alternating shooting). The arrow nearest the middle wins

Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
3							

Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
3							

Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
3							

Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
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Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
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Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
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Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
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2	10 sec						
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3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
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3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
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Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
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3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
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Pass Name:

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2	10 sec						
1	2 min						
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Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
3							

Pass Name:

3 ARROW ENDS		1	2	3	4	5	TIE
2	10 sec						
1	2 min						
3							